

Each week we give out our Family God Time ideas as some simple prompts of things you can do/discuss with your children.

Below, are a few of those ideas if you are looking for some inspiration.

## Memory Verse – Practise together at home

Isaiah 43 v 1 – check out the website for the 0-4s and King's Kids memory verse songs.

## **THINGS TO TALK ABOUT** (Pick one of these to chat/pray together)

## **Family Questions**

Explain how it makes you feel knowing that God knows your name and is really happy you are his.

How do you think God would describe each member of your family? Remember each of you is his very precious gift.

God gave us our bodies - what do you really like about your body? It could be your legs because you can run super fast or your mouth because you are a wonderful singer. (Encourage the children to think of all the positives about their body and their gifts).

**Bible time** – In Luke 15 there is a great story about forgiveness. Why not read it and then talk about how it feels that God forgives us when we say sorry?

## THINGS TO DO

**Chatting to God** - As a family why not draw round hands and decorate them? Then give it to another member of your family as a gift. As you give it to them, thank God for them and pray that they will show love and kindness to others.

Chatting to God- Draw a picture of yourself and write words or draw pictures of thanks around the picture. There may be some parts of the body that don't work so well. Remind the children to thank God for what does work and ask him to help those parts that don't work so well or ask God to help friends or family members they know whose bodies don't work as well.

Chatting to God - Is there anything you need to say sorry to God for or ask God to help you forgive someone else who has upset you?